**Worksheet for PIP (Problems-Ideas-Plans)**

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| --- |
| 1. **Problem**: What is on your mind? What is something you would like help in solving? |
| 1. Rephrase the problem you wrote above 3 different ways, starting with “**How to:”**   **How to…**  **How to…**  **How to…** |
| 1. Now write the most important question below.   **How to…** |
| **D) Divergent Thinking**: Generate as many ideas as you can for answering the question above. |
|  |
| 1. **Convergent Thinking:** From the list above, choose the best idea and create a solution statement that begins with the phrase “What I see myself doing is…”   **SOLUTION STATEMENT: What I see myself doing is…** |
| 1. Reread your solution statement in E) above and think of the steps for an action plan to list **who** is going to do **what**, by **when**. Start your action plan by re-writing your solution statement below the chart in section F, and then list at least 5 action steps to achieve that solution. Make sure your **by when** is an actual date (for example, by July 4th) and that the first action is scheduled within 24 hours; this builds momentum and keeps you focused! |

Description: j0104872[1]

1. **Action Plan**

🡺Copy your solution statement from section E: **What I see myself doing is…**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **WHO?** | **DOES WHAT?** | **BY WHEN?** |
| **#1** | *Me* | *Example - Buy a planner to schedule my activities* | *Today, after school* |
| **#2** |  |  |  |
| **#3** |  |  |  |
| **#4** |  |  |  |
| **#5** |  |  |  |
| **#6** |  |  |  |

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