

As part of our Break Free Campaign to raise awareness about adolescent depression and suicide, we have created an exhibit to display the art and music people have used as a means of expression or coping with their feelings.

If you or someone you know would like to contribute art, please contact us and send a one paragraph description of the piece, including your initials, your age, the title, and a brief explanation of what it depicts/represents. Submissions that portray all moods, not just sadness, are welcome!

